

**Birgit Heintz**, psychological psychotherapist for children, adolescents and adults in private practice, training analyst and lecturer at the C.G. Jung Institute Zurich, International Association for Analytical Psychology (IAAP) and Munich Working Group for Psychoanalysis (MAP). Since 1995, various publications and 2019–2024 mixed methods study on horse-assisted psychotherapy in cooperation with the Sigmund Freud Private University (SFU) Linz, Department of Psychotherapy Science. Development and co-direction of a postgraduate course in analytical psychology (4 semesters) at MAP Munich.